

MODULE 3

HEALTH AND HYGIENE

COMMON CHILDHOOD DISEASES AND INFECTIONS – PART 1

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EARLY CHILDHOOD DEVELOPMENT LEVEL 3 (ME JE KEMP)



**NAME AND
DESCRIBE THE
COMMON
CHILDHOOD
DISEASES:**

**Within each disease you
must know:**

- **Definition of the disease**
- **CAUSE OF THE DISEASE (WHAT MAKES IT HAPPEN)**
- **SYMPTOMS (HOW CAN YOU IDENTIFY IT)**
- **TREATMENT**

1. FEVER

Definition: A body temperature above 37 degrees Celcius

Cause: Fever is a symptom of an underlying medical problem

Symptoms: Take the temperature of the child (under the arm)
Convulsions due to fever

Treatment: extra fluids, dressed in light items, medication



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2. ALLERGIES

3. SKIN PROBLEMS IN CHILDREN

- **2. ALLEGIES**
- **DEFINITION: A SENSITIVITY OR ALLERGIC REACTION DUE TO WEAK IMMUNE SYSTEM AS A RESULT OF AN ALLERGEN**
- **CAUSES: SENSITIVITY TOWARDS AND ALLERGEN (ASTHMA, HAY FEVER, ECZEMA); POLLEN GRAINS; DUST MITES P 62**
- **SYMPTOMS: SNEESING, ITCHY OR STUFFY NOSE, WATERY NASAL DISCHARGE, ITCHY EYES, COUGHING ETC – P 61**
- **TREATMENT: WASH HANDS AND EYES REGULARY WHEN IN CONTACT WITH ALLERGEN, MEDICATION**
- **3. SKIN PROBLEMS IN CHILDREN**
- **ECZEMA PAGE 62**
- **NAPPY RASH**
- **RINGWORM P 63**

4. ASTHMA

THE LEADING REASON FOR ADMISSION TO A CHILDREN'S HOSPITAL!

- **DEFINITION: NARROWING OF THE AIRWAYS AND CAUSING DIFFICULTY TO BREATHE**
- **CAUSES: SMOKE, DUST , PAINT, COLDS. EXERCISE**
- **SYMPTOMS: WHEEZING, COUGHING AND SHORTNESS OF BREATH**
- **TREATMENT: PUMPS, STEROIDS, MEDICATION, HUMIDIFIERS AT HOME**



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5. CHICKENPOX

- **DEFINITION: LOW FEVER WITH SKIN RASH WITH STARTS AS SNMALL RED BUMPS AN LATER DEVELOP INTO FLUID-FILLED BLISTERS**
- **CAUSE: VIRAL DISEASE (VIRUS) - IT SPREADS WITH CLOSE CONTACT WITH AN INFECTED PERSON**
- **SYMPTOMS: LOW FEVER WITH SKIN RASH WITH STARTS AS SNMALL RED BUMPS AN LATER DEVELOP INTO FLUID-FILLED BLISTERS**
- **TREATMENT: KEEP CHILDREN HOME AND REST AND PLENTY OF FLUIDS**



6. CROUP

7. CONJUNCTIVITIS

6. CROUP

- DEFINITION: CHILDREN WILL HAVE A HARSH BARKY COUGH AND A LOW FEVER
- CAUSE: VIRUS
- SYMPTOMS: DIFFICULTY IN BREATHING. OCCURS BETWEEN AGES 6 MONTHS AND THREE YEARS OF AGE; HARSH BARKY COUGH
- TREATMENT: HOSPITAL OR TAKEN INTO A BATHROOM FILLED WITH STEAM

7. CONJUNCTIVITIS

- DEFINITION: COMMON EYE INFECTION REFERRED TO AS "PINK EYES"
- CAUSE: BACTERIAL OR AN VIRUS INFECTION
- SYMPTOMS: REDNESS IN THE WHITE OF THE EYES; TEARY EYES; BLURRED VISION
- TREATMENT: IF IT IS A BACTERIAL INFECTION – ANTIBIOTICS. IF IT IS A VIRUS INFECTION: NO TREATMENT IT MUST RUN ITS COURSE

REST OF THE CHILDHOOD DISEASES WILL FOLLOW WITH NEXT PRESENTATION!!

